

Courses for Therapy Assistants working in Neurorehabilitation

The programme for each of these one-day Modules comprises a mixture of taught theory, patient videos, practical sessions and discussion.

Each module can be taught as a stand-alone course, or they can be taught as a package of 3 taught over a period of time (eg one module a month for 3 months). However it is recommended that Module One would be the most appropriate if only a one-off one day course is required.

Module 1

Improving Functional Performance - The 24 hour approach to rehabilitation.

This course is aimed at therapy assistants and technicians working in neurorehabilitation.

It will focus on improving handling skills and increasing understanding of therapeutic interventions.

The course will include theory and practical sessions exploring movement control, function and independence.

Learning Outcomes

By the end of the course the participants will be able to:

- Demonstrate a knowledge of key movement components underpinning posture and balance (BOS, alignment)
- Have gained an understanding of how handling influences function
- Safely and effectively demonstrate a range of treatment techniques within their individual scope of practice
- Demonstrate an increased understanding of the relationship between movement function and independence.

Module 2

The Arm and Hand in Rehabilitation

This course is aimed at therapy assistants and technicians working in neurorehabilitation.

It will focus on improving handling skills and increasing understanding of therapeutic interventions for improving arm and hand function.

The course will include theory and practical sessions exploring movement control, function and independence. Common presentations effecting the arm will be explored.

Learning Outcomes

By the end of the course the participants will be able to:

- Demonstrate a better understanding of the anatomy and movement control of the arm
- Demonstrate a better understanding of why common clinical issues arise
- Improve practical skills and confidence in aiding management and rehabilitation of the arm and hand
- Develop an understanding of how to help the patient to include their arm in function.

Module 3

Walking and Balance in rehabilitation

This course is aimed at therapy assistants and technicians working in neurorehabilitation.

It will focus on improving handling skills and increasing understanding of therapeutic interventions.

The course will include theory and practical sessions exploring movement control, function and independence.

Learning Outcomes

By the end of the course the participants will be able to:

- Understand the movement components of balance and walking
- Appreciate the importance of transferring weight for functional walking
- Improve practical skills and confidence in assisting patients to develop more independent mobility
- Demonstrate an awareness of the effect of different walking aids
- Demonstrate an appreciation of the complexity of the demands of functional walking.