

SHORT COURSES Manual Handling

Please read the following statement most carefully. When you are sure that you have understood our instructions please sign and date this sheet.

- A.** During this course you will be learning new movement skills/clinical interventions. These may be complex and will require practice before you are fully competent. There will be some time for practise during the course but a greater aspect of consolidation will occur post the course.

We request that you take responsibility for your own safety during the course, just as you would were you at work.

1. If you have come to the course having recently injured your back or if your back is vulnerable in any way, inform your instructor immediately. If you have any health problems which may affect your ability to participate in practical sessions, please report this to the instructor. Do not attempt any manual handling until you have reported to the instructor.
2. At any time during the course you feel that we are asking you to perform a task that is more than you can manage **decline to attempt it.**
3. Do not carry out any task if you are in doubt as to your physical ability to do so. Seek clarification from the instructor.
4. As you practise, work with regard to the safety of your partners. Ensure that you work as a team.
5. Take turns with your colleagues so that you do not undertake too many manual handling tasks in a short space of time.
6. **NEVER** move until you are ready.

B. In addition, whilst it is never intended that you should be asked to undertake tasks beyond your physical capability, the fact that you have been asked to do so should never be a reason for deciding at any subsequent time, that you can safely undertake the same or a similar task. What you undertake on any subsequent occasion is entirely a matter for your own judgement.

BBTA INTRODUCTORY MODULE (fill in title)

Name	Hospital	Manual Handling Form read and understood	Date
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Venue:
Tutor: