

This BBTA and IBITA recognised course is split into 3 modules over a period of 4-5 months.

- Module 1 is 2 weeks in length and consists of theoretical and practical sessions and patient demonstrations. As a course member, you are involved in patient treatment sessions supervised by tutors.
- Module 2 is a period of independent learning resulting in the production of a clinically based case project.
- Module 3 is 1 week in length and consists of theoretical and practical sessions, patient demonstrations, and workshops.

Course aims

The course will offer you the opportunity to;

- Gain an understanding of the neurophysiological basis underlying the current Bobath Concept.
- Develop your ability to use the current Bobath Concept in the assessment and treatment of patients with neurological dysfunction.
- Develop your skills of observation, analysis and facilitation of movement.
- Expand your clinical reasoning and problem-solving skills.
- Describe and measure consequences of neurological dysfunction and the impact that your rehabilitation intervention based on the Bobath Concept may have.
- Link the current evidence base and your clinical practice.

Learning Outcomes

At the conclusion of the course the you will be able to:

1. Understand the history and ongoing development of The Bobath Concept.
2. Integrate the principles of the International Classification of Functioning, Disability and Health (ICF) in your evaluation and treatment of adults with neurological disorders.
3. Analyse and facilitate efficient postural and movement control in preparation for, and during, functional activity.
4. Understand the functional consequences of lesions of the central nervous system.
5. Observe and analyse inefficient movement and function and influence this through intervention.
6. Utilise the principles of motor control, motor learning, neural plasticity and muscle plasticity in your approach to treatment.
7. Understand the relationship between assessment and treatment and implement the ongoing process of your clinical reasoning.
8. Adapt and apply appropriate theoretical principles of treatment to the individual patient/client within their environment.
9. Develop effective handling skills and incorporate them appropriately, taking into account environmental and other influences in order to regain function.
10. Appreciate the importance of appropriate outcome measures to support evidence-based practice.
11. Continue learning through critical reading, self-evaluation, and sharing with others.

For completion of the course the you will have undertaken a period of self-directed learning in the form of a case project assignment related to your clinical practice of The Bobath Concept.

Who is this course suitable for?

Qualified Physiotherapists and Occupational Therapists working in neurology who are approaching, or are already at, a more experienced level in their clinical practice.

Requirements

It is a prerequisite to complete Module 1 'What is Normal Movement?' of the Introductory Bobath Courses prior to attending the Basic Bobath Course. To maximize your learning, we would strongly recommend that Module 1 is completed within 4-years of the Basic Course and that you also consider completing Modules 2 and 3 of the Introductory Courses.

If you have any queries, please contact BBTA at info@bbta.org.uk