

BBTA | Walkergate Park Advanced Bobath Course.

Promoting upper limb recovery throughout the patient pathway – from acute to longer term management.

13/09/2027 - 17/09/2027

BBTA Tutors: Sue Armstrong & Debbie Strang

Advanced Course Learning Objectives

By the end of the course, the participants should be able to:

1. To understand the relevance and importance of postural control in the recovery of upper limb function
2. To improve skills in movement analysis, clinical reasoning handling for the assessment, treatment and management of upper limb recovery through the patient pathway from acute to community to high level activities
3. To develop handling skills to gain and maintain movement recovery for patients at all levels of recovery, incorporating and enabling qualitative aspects of movement AND inclusion in function
4. To discuss the neurophysiology underlying spasticity and its effect on upper limb movement, treatment and management at all stages of recovery.
5. Design of qualitative and specific task practise and self-management programmes for patients at all levels. Hospital to home to gym.
6. To learn how to treat patients at **all levels of recovery** and across the patient pathway, make a difference to their movement ability and provide individualised management or exercise programmes to suit each person.
7. To be able to recognise patient potential for recovery and adapt intervention/programmes to allow all patients to achieve optimal management of their upper limb, whatever their level of impairment
8. To explore the **more challenging** aspects of upper limb rehabilitation:

- More impaired upper limb: what is the therapy role there? How can we keep the upper limb 'in the game', particularly in early rehabilitation
- painful shoulder: assessment, differential diagnosis, management
- compensatory strategies: when and how to challenge
- evolving spasticity: early management to longer term consequences, the link with this and postural orientation and stability: active management aspects
- higher level patients: specificity to really challenge? movement analysis, scapula and GH joint biomechanics, specific focussed strengthening,
- recovery of a truly 'functional' hand: potential, specific assessment and sensorimotor training including dexterity training
- discuss and consider the use of adjuncts including botulinum toxins and steroid injections etc
- optimal integration of the recovery into day-to-day tasks and function, whatever the clinical setting

Ready to advance your clinical practice and deepen your understanding of the Bobath Concept?

Spaces for on our advanced courses are limited to ensure high-quality, hands-on supervision from our BBTA tutors. Don't miss the opportunity to refine your facilitation skills and transform your approach to neurological rehabilitation

Apply Now! info@bbta.org.uk