

Courses for Therapy Assistants working in Neurorehabilitation

The programme for each of these one-day modules comprises a mixture of taught theory, patient videos, practical sessions and discussion.

Each module can be taught as a stand-alone course, or they can be taught as a package of 3 taught over a period of time (e.g., one module a month for 3 months). However, it is recommended that module 1 would be the most appropriate if only a one-off one-day course is required.

Module 1 Improving Functional Performance - The 24-hour approach to rehabilitation.

This course is aimed at therapy assistants and technicians working in neurorehabilitation. It will focus on improving handling skills and increasing understanding of therapeutic interventions. The course will include theory and practical sessions exploring movement control, function and independence.

Learning Outcomes

By the end of the course the participants will be able to:

- Demonstrate a knowledge of key movement components underpinning posture and balance (BOS, alignment)
- Have gained an understanding of how handling influences function
- Safely and effectively demonstrate a range of treatment techniques within their individual scope of practice
- Demonstrate an increased understanding of the relationship between movement function and independence.

Module 2 The Arm and Hand in Rehabilitation

This course is aimed at therapy assistants and technicians working in neurorehabilitation. It will focus on improving handling skills and increasing understanding of therapeutic interventions for improving arm and hand function. The course will include theory and practical sessions exploring movement control, function and independence. Common presentations affecting the arm will be explored.

Learning Outcomes

By the end of the course the participants will be able to:

- Demonstrate a better understanding of the anatomy and movement control of the arm
- Demonstrate a better understanding of why common clinical issues arise
- Improve practical skills and confidence in aiding management and rehabilitation of the arm and hand
- Develop an understanding of how to help the patient to include their arm in function.

Module 3 Walking and Balance in Rehabilitation

This course is aimed at therapy assistants and technicians working in neurorehabilitation. It will focus on improving handling skills and increasing understanding of therapeutic

interventions. The course will include theory and practical sessions exploring movement control, function and independence.

Learning Outcomes

By the end of the course the participants will be able to:

- Understand the movement components of balance and walking
- Appreciate the importance of transferring weight for functional walking
- Improve practical skills and confidence in assisting patients to develop more independent mobility
- Demonstrate an awareness of the effect of different walking aids
- Demonstrate an appreciation of the complexity of the demands of functional walking.

Therapy Assistant Courses General Information for Course Organiser

Option of three one-day modules:

- Module 1 – Improving Functional Performance (24-hour approach to rehab) Module 2 – The Arm and Hand in Rehabilitation
- Module 3 – Walking and Balance in rehabilitation

The programme for each of these one-day modules comprises a mixture of taught theory, patient videos, practical sessions and discussion.

Each module can be taught as a stand-alone course, or they can be taught as a package of 3 taught over a period of time (e.g. one module a month for 3 months). However it is recommended that module 1 would be the most appropriate if only a one-off one-day course is required.

Recommended 4-weeks between modules.

An electronic programme and handout will be provided in advance.

Teaching Fees:

£625 per module (paid to tutor) + £125.00 per module Honorarium (paid separately to BBTA)

Tutor expenses to be paid by the organiser:

- Travel expenses – 50p per mile if by car
- Accommodation – (sometimes arranged by course organiser) Subsistence for food during course – on provision of receipts

Course fee paid by each participant to the venue:

At the discretion of the course organiser/venue

Organising Therapy Assistant Courses

Things to do to ensure the course runs successfully:

Prior to the course

- Advert to be sent out, if open to external applicants
- Map to venue and programme, indicating need for practical clothing and starting time of the course, to be sent to participants.
- Forward handouts including evaluation form for all the participants' [provided 1-month prior to the course]. Name badges / labels
- Accommodation for Tutor to be booked
- Organise chairs for lecture as well as plinths and sufficient space for practical sessions
- Organise power-point facilities and flip chart [and pens]
- Organise refreshments for breaks

During the course

- Ensure venue is open in advance of the participants arriving
- Tea / coffee available
- Power-point, flip chart and chairs set up for the lecture [first session of the course]
- Name badge / label for each participant
- Provide house-keeping information to participants i.e., toilets, breaks, lunch facilities, fire procedure
- Ensure refreshments available for breaks
- Distribute course certificates

After the course:

- Invoices will be sent to you after the course
- Ensure payment is fulfilled